

# Sexual Health Services



## Lanarkshire Sexual Health

NHS Lanarkshire provides a range of sexual health services across Lanarkshire. Information about these services can be found on the [Lanarkshire Sexual Health website](#) along with a range of information about sexual health topics and other useful resources.

## Services

### Sexual Health Clinics

There are over a dozen sexual health clinics that operate in Lanarkshire. Some are only accessible via a booked appointment and some operate on a walk-in basis. They offer a wide range of information and services about sexual health including, contraception, condoms and Sexually Transmitted Infections (STI's) and Blood Borne Virus (BBV) testing and treatment.



### Young People Sexual Health Clinics

These clinics are for young people aged 20 and under only and some clinics only offer specific services. Some clinics are walk-in and some are appointment only. For more information go to the [Young Peoples clinics](#) webpage.



### Young People Clinics (YP)

Clinics staffed by a sexual health nurse for young people aged 20 and under, services include: Sexually Transmitted Infections (STI's) and Blood Borne Virus (BBV) testing, condoms, pregnancy testing, some forms of contraception.

### Young People Plus Clinics (YP+)

Clinics staffed by a sexual health nurse and doctor for young people aged 20 and under, services include: Sexually Transmitted Infections (STI's) and Blood Borne Virus (BBV) testing and treatment, condoms, pregnancy testing, all forms of contraception.

## Booking an appointment

To make an appointment at one of our clinics, call: **0300 303 0251**

Textphone (for deaf/ hard of hearing): **07826 874190**

For online booking, visit: [online booking criteria](#) webpage

Lines open Monday to Thursday: 8am–4.45pm and Friday: 8am–3:45pm

### **Sexual health clinics have both male and female staff**

A female staff member can be present if required – please discuss with staff on the appointment line when you book.

**Support for victims of rape/sexual assault:** go to the [Emergencies](#) webpage for more information.

## **Access to free condoms – C Card Free Condoms No Fuss**

Condoms can help prevent the spread of blood borne viruses and other sexually transmitted infections and can also help protect against unintended pregnancy.

You can get free condoms from various health centres, community pharmacies and some GP practices across Lanarkshire. These are called C Card centres. There are over 100 C Card Centres throughout Lanarkshire, use the [location finder](#) to find the centre closest to you. For more information about where to access free condoms go to the [Free Condoms No Fuss](#) webpage.



**For more information about sexual health and services across Lanarkshire visit: [www.lanarkshiresexualhealth.org](http://www.lanarkshiresexualhealth.org)**

## **Confidentiality**

All services are confidential, including the young people clinics. However, if you are under 16 years of age and share information about you or someone else being at risk, staff have to share the information disclosed with other agencies. Staff will keep you informed of any information they have to share.